

Financial Policy & Fee Agreement Cheat Sheet

Reviewed by the BastionGPT Clinical Advisory Board · July 2026

A financial policy and fee agreement is the signed contract that sets a therapy practice's fees, billing and insurance terms, cancellation and no-show charges, and collection rules before treatment starts. No statute requires it; ethics codes and payer contracts control what it must say. The signed form is the convention; the money rules around it are law.

Practice and clinician identification who the client is contracting with

Do: name the practice's legal entity, the clinician with license number, and the supervisor with license for supervisees.

Pitfall: an unnamed supervisor; payers credential the supervisor, and boards read the omission as a disclosure failure.

Fee schedule plain language, bare code numbers

Do: list each service with its code number and fee (90791 intake, 90837, 90834), plus the notice clients get before fees change.

Pitfall: one blanket rate; in-network care pays the contracted rate, so quote full fees for self-pay and out-of-network work.

Insurance and client responsibility the CO / PR line

Do: state what is owed at time of service (copays, coinsurance, unmet deductible) and that contractual write-offs are never billed.

Pitfall: "you owe whatever insurance does not pay"; CO-coded balances are your write-off, only PR amounts move to the client.

Cancellation and no-show terms uniform, and billed directly

Do: set the notice window and fee, billed to the client directly and never to a plan; apply one policy to every client.

Pitfall: charging Medicare clients while any payer contract bans the fee; uniformity is Medicare's condition. Medicaid: never.

Payment, card on file, and plans the four-installment line

Do: payment due at service; written card-on-file authorization with a PCI-compliant processor; returned-payment fee stated.

Pitfall: plans beyond four installments, or any finance charge, bring federal Truth in Lending disclosure duties.

Interest, hardship, and collections disclose before you enforce

Do: disclose interest here, keep hardship discounts individualized and documented, send notice with a chance to pay first.

Pitfall: advertised copay waivers; for federal beneficiaries they sit inside a standing OIG fraud alert.

Signature, date, and re-signing the current terms control

Do: both parties sign at or before session one; re-sign on every fee or term change; keep every version in the record.

Pitfall: a stale signature; after an unre-signed fee increase, the old number is the one a board or judge reads.

Before the client signs

- ☐ Contractual write-offs excluded; only PR balances billable
- ☐ No-show fee disclosed, uniform, billed directly, never Medicaid
- ☐ Payment plans capped at four installments, no finance charge
- ☐ Interest rate disclosed with a start point, inside state limits
- ☐ Hardship discounts individualized, documented, unadvertised
- ☐ Supervisor named and licensed on supervisee agreements

Drafting with AI

Bring your fee schedule, cancellation window, payer mix, and state; the traps are contractual, so wording matters more than formatting.

"Draft a financial policy for a two-clinician Ohio practice: 90837 at \$180, 48-hour cancellation window, \$90 no-show billed to the client, card on file, four-installment payment plans: ..."

Never paste patient-identifying information into consumer AI tools. BastionGPT is HIPAA-compliant with a signed BAA on every plan.

600 to 1,200 words

one to three pages, practice-specific

45 to 90 min to draft

drafted once, then reused

Sign at or before session one

re-sign on changes

Clients · billing staff · boards

who reads it

Financial Policy & Fee Agreement Template

Copy or print for your practice · Adapt fields to your organization's, payer's and jurisdiction's documentation requirements.

Practice legal name:

Effective date:

Clinician, credentials, and license #:

Supervisor and license # (if pre-licensed):

Fees

Each service in plain language with its bare code number and fee · notice period before fee changes

Insurance and your responsibility

In network: copays, coinsurance, unmet deductible at time of service; contractual write-offs never billed · Out of network / self-pay: payment in full, superbill on request

Cancellation and missed appointments

Notice window · fee · billed to the client directly, never to insurance · same policy for every client · not charged to Medicaid members

Payment, card on file, and balances

Due at time of service · methods · card-on-file authorization (PCI-compliant processor) · returned-payment fee · interest disclosed here · plans up to four installments, no finance charge

Hardship and sliding scale

Individualized, documented financial-need review on request · never advertised

Collections notice (keep with every agreement)

Before any account is referred to collections, we will send written notice and give you a genuine chance to pay or arrange a payment plan. Only balances that are your responsibility under your plan's rules are ever billed to you; contractual write-offs never are. Interest applies only as disclosed above and within state limits.

Client signature:

Date:

Clinician signature:

Date:

Re-signed when fees or terms change (date / initials):