

# Outcome Measure Review Note Cheat Sheet

Reviewed by the BastionGPT Clinical Advisory Board · July 2026

**An outcome measure review note** is the documentation entry of measurement-based care: the instrument administered, the score, the change from baseline, the clinical read, the conversation with the client, and the treatment decision that follows. The measures are standardized; the note format is not.

**Instrument, date & administration context** name it or it never happened

**Do:** instrument and version, administration date, and how it was completed: in session, portal beforehand, or waiting room.

**Pitfall:** "screen completed" with no instrument name supports neither the billing line nor the trend.

**Score & scoring integrity** a number you can reproduce

**Do:** total and subscales, plus who scored it; verify auto-scored portal results before they enter the chart.

**Pitfall:** a transcription error or half-completed form; a score you cannot reproduce is one an auditor cannot credit.

**Trend against baseline & prior scores** the flowsheet line

**Do:** today's score beside baseline and the last administrations, with dates and the change since each.

**Pitfall:** a score with no comparison; a single number tells nobody whether treatment is working.

**Clinical interpretation beyond the number** the part only a clinician can supply

**Do:** severity range, direction and size of change, and whether the score matches what you see in session; say so when they disagree.

**Pitfall:** restating the number as its label ("score 11, moderate") with no clinical read.

**The conversation with the client** feedback is the active ingredient

**Do:** record that you shared the result, how you framed it, and the client's response in their words.

**Pitfall:** no evidence the client ever saw the score; measurement without discussion is data collection.

**Item-level flags & risk follow-up** always the risk item

**Do:** note items that change the session plan; an elevated risk item gets a same-day conversation, documented with its outcome.

**Pitfall:** filing a positive risk item with no documented follow-up turns a routine note into the chart's weakest page.

**The treatment decision that follows** what the score changes or confirms

**Do:** continue, adjust, change frequency, refer, or carry the target into the next treatment plan review, with one line of rationale.

**Pitfall:** a trend that never touches the plan is the pattern payers read as measurement theater.

**Signature, date & billing linkage** make the claim match the chart

**Do:** sign and date; one unit per instrument administered, scored, and documented when reporting 96127; mind the per-day cap.

**Pitfall:** units billed for instruments the note never names, or a signature that would fail an authentication check.

## Before you sign

- ☐ Instrument, score, and date all named
- ☐ Trend compared with baseline, dated
- ☐ Interpretation goes beyond the number
- ☐ Client discussion documented with response
- ☐ Risk item reviewed and follow-up noted
- ☐ Decision links score to the plan
- ☐ Billing units match instruments named

## Drafting with AI

Capture the review as bullets: the scores with dates, what changed, what the client said when they saw the graph, and what you decided together.

*"Draft an outcome measure review note from this flowsheet and these session bullets, PHQ-9 and GAD-7 across four administrations, link the decision to the trend: ..."*

**Never paste client-identifying information into consumer AI tools. BastionGPT is HIPAA-compliant with a signed BAA on every note.**

**75 to 300 words**

plus the score flowsheet

**3 to 10 min by hand**

clinical team estimate

**Every administration**

baseline to plan review

**Client · team · payers**

who reads it

# Outcome Measure Review Note Template

Copy or print for your practice · Adapt fields to your organization's, payer's and jurisdiction's documentation requirements.

Client (initials): \_\_\_\_\_ Date: \_\_\_\_\_ Session number: \_\_\_\_\_

Clinician / credentials: \_\_\_\_\_ Next administration due: \_\_\_\_\_

## Instrument and administration

Name, version, date administered, and how: in session, portal, or waiting room

\_\_\_\_\_  
\_\_\_\_\_

## Score

Total and subscales; who scored it

\_\_\_\_\_

## Trend vs baseline and prior scores

Baseline, priors, today: date and score rows; change since baseline and since last

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Clinical interpretation

Severity range, direction and size of change, fit with session presentation

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Item-level flags and risk follow-up

Items reviewed or elevated; same-day risk follow-up and outcome if indicated

\_\_\_\_\_  
\_\_\_\_\_

## Discussion with client

Scores shared and discussed; the client's response in their words

\_\_\_\_\_  
\_\_\_\_\_

## Treatment decision

Continue, adjust intervention, frequency, referral, or goal update; rationale linking score to decision

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Clinician signature / credentials: \_\_\_\_\_ Date signed: \_\_\_\_\_