

Psychological Evaluation Report Cheat Sheet

Reviewed by the BastionGPT Clinical Advisory Board · July 2026

A psychological evaluation report is the written product of psychological testing: it integrates the referral question, history, behavioral observations, and standardized test results into an interpretation, a diagnosis, and recommendations. It goes back to the referrer, and the patient will usually read it too.

Identifying information & referral question the question is the spine of the report

Do: state who the patient is, who referred them, and the specific question this evaluation exists to answer, in a sentence or two.

Pitfall: restating a vague "rule out everything" referral; interpretation with no target reads as testing for its own sake.

Notification & consent purpose, fees, limits, audience

Do: record what the patient was told about the purpose, the fees, confidentiality limits, and who receives the report.

Pitfall: silence about who gets the report; access disputes start exactly where the record says nothing.

Sources & tests administered instruments, records, and the clock

Do: list every instrument by full name, the interview and records reviewed, and the administration, scoring, and interpretation time.

Pitfall: omitting the hours; the US testing codes are time based, and unrecorded time cannot support the units billed.

Background history what bears on the question

Do: cover the developmental, medical, psychiatric, educational or work, family, and social history relevant to the referral question.

Pitfall: reprinting the intake; the report needs the history that matters here, not a second copy of the chart.

Behavioral observations & validity is the profile interpretable?

Do: describe presentation and engagement, then state explicitly whether effort and validity indicators support interpretation.

Pitfall: no validity statement; a reviewer who cannot tell whether results are valid cannot credit anything built on them.

Results & interpretation prose, not printouts

Do: organize findings by domain or instrument and put scores in context, integrated across measures.

Pitfall: pages of score tables with no narrative; payers pay for evaluation, and a score dump documents administration only.

Summary & clinical impressions one integrated picture

Do: pull interview, history, observations, and testing into one clinical picture that answers the referral question directly.

Pitfall: introducing new findings here; the summary integrates what the body of the report already shows.

Diagnostic impression a conclusion either way

Do: give the DSM-5-TR diagnosis with its ICD-10-CM code and rule-outs, or state that no diagnosis is supported and what justified testing.

Pitfall: skipping the line when testing is negative; policy expects the suspected diagnosis even when none is found.

Recommendations & sign-off the section everyone reads first

Do: number each recommendation, tie it to a finding, name a re-evaluation trigger, and sign with credentials (supervisor too, if required).

Pitfall: boilerplate advice that could follow any battery; generic recommendations waste the entire evaluation.

Before you sign

- ☐ Summary answers what the referrer asked
- ☐ Explicit statement on effort and validity
- ☐ Each score carries interpretation in prose
- ☐ Instrument names, dates, and hours recorded
- ☐ Conclusion follows the data, even if negative
- ☐ Every recommendation traces to a finding
- ☐ Credentials signed; supervisor where needed

Drafting with AI

Capture 30 seconds of bullets after scoring: referral question, instruments with key scores, validity note, relevant history, impression, recommendations.

"Draft a psychological evaluation report from these results, 29-year-old referred for diagnostic clarification of mood instability, PHQ-9 14, MDQ negative, MMPI-3 valid with demoralization elevated: ..."

Never paste client-identifying information into consumer AI tools. BastionGPT is HIPAA-compliant with a signed BAA on every plan.

3–12 pages
typical length

2–6 hrs after testing
clinical team estimate

After a testing battery
when it is written

Referrer · patient · schools · courts
who reads it

Psychological Evaluation Report Template

Copy or print for your practice · Adapt fields to your organization's, payer's and jurisdiction's documentation requirements.

Patient (initials): _____ DOB / age: _____ Dates of service: _____ Report date: _____

Evaluator / credentials / license #: _____ Supervisor (if required): _____ Referral source: _____

Referral question

The specific question this evaluation should answer, in one or two sentences

Notification & consent

Purpose, fees, confidentiality limits, who receives the report; feedback session planned

Sources of information

Interview (date, length), records reviewed, collateral contacts

Tests administered

Full instrument names + administration, scoring & interpretation time

Background history

Relevant to the question: developmental / medical / psychiatric; educational / occupational; family / social

Behavioral observations & validity

Presentation, engagement, effort; explicit statement that results are (or are not) interpretable

Results & interpretation

By domain or instrument, scores in context, integrated in prose

Summary & clinical impressions

One integrated picture; answer the referral question directly

Diagnostic impression

DSM-5-TR / ICD-10-CM with rule-outs, or "no diagnosis supported" plus the suspected diagnosis that justified testing

Recommendations & re-evaluation trigger

Numbered, specific, tied to findings; what would prompt re-evaluation

Evaluator signature / credentials: _____ Supervisor signature (if required): _____ Date signed: _____